

# The Flying Disease: Everything You Need to Know About the Zika Virus

The Zika virus is a mosquito-borne virus that can cause fever, rash, joint pain, and red eyes. It can also cause serious birth defects in babies born to infected mothers.



**ZIKA: The Flying Disease. Everything you need to know about the Zika Virus, in one book (Zika Virus, Pregnancy Risks, Zika and Pregnancy, Caribbean Vacations)** by Cheri Shanti

★★★★★ 5 out of 5

Language : English  
File size : 1097 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 32 pages  
Lending : Enabled



## Symptoms of the Zika Virus

The symptoms of the Zika virus are similar to those of other mosquito-borne viruses, such as dengue fever and chikungunya. These symptoms include:

- Fever
- Rash

- Joint pain
- Red eyes
- Headache
- Muscle pain
- Nausea
- Vomiting
- Diarrhea

Most people who are infected with the Zika virus will only experience mild symptoms. However, some people can develop more serious complications, such as:

- Guillain-Barré syndrome: A rare neurological disorder that can cause paralysis.
- Microcephaly: A birth defect that can cause babies to be born with abnormally small heads.

## **Prevention of the Zika Virus**

There is no vaccine or specific treatment for the Zika virus. The best way to prevent infection is to avoid being bitten by mosquitoes. This can be done by:

- Wearing long sleeves and pants when you are outdoors.
- Using insect repellent containing DEET, picaridin, or IR3535.
- Staying in air-conditioned or screened-in areas.

- Emptying standing water from around your home, such as in birdbaths and flower pots.

Pregnant women should take extra precautions to avoid being bitten by mosquitoes, as the virus can cause serious birth defects in babies.

### **Treatment of the Zika Virus**

There is no specific treatment for the Zika virus. Treatment is supportive and includes rest, fluids, and pain relievers.

### **Travel and the Zika Virus**

The Zika virus is found in many tropical and subtropical regions of the world. If you are planning to travel to an area where the virus is present, you should take precautions to avoid being bitten by mosquitoes.

The Centers for Disease Control and Prevention (CDC) recommends that pregnant women avoid travel to areas where the Zika virus is present. If you are pregnant and must travel to an area where the virus is present, you should talk to your doctor about the risks and benefits of travel.

### **The Flying Disease: A Serious Threat**

The Zika virus is a serious threat to public health. The virus can cause mild symptoms in most people, but it can also cause serious complications, such as Guillain-Barré syndrome and microcephaly. Pregnant women should take extra precautions to avoid being bitten by mosquitoes, as the virus can cause serious birth defects in babies.

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to travel to an area where the virus is present, you should take precautions to avoid being bitten by mosquitoes.



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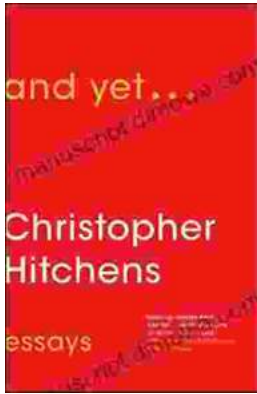
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