

The Center-Guard Tackle Ends: Techniques and Strategies

By Hall of Fame Coaches

Updated for Today's Game

This book is the definitive guide to blocking with the center, guard, and tackle ends. Written by Hall of Fame coaches, it provides detailed instruction on the fundamentals of blocking, as well as advanced techniques and strategies. This book is updated for today's game, and includes the latest trends and techniques in blocking.



Football Linemen: The Center, Guard, Tackle & Ends, Written by 3 Hall of Fame Coaches, Updated for Today's Game (The Lost Century of Sports Collection)

by Rachel Basinger

★★★★★ 5 out of 5

Language	: English
File size	: 330 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 43 pages
Lending	: Enabled



Blocking is one of the most important aspects of football. It allows the offense to move the ball down the field and score points. The center, guard, and tackle ends are responsible for blocking the defenders and creating

holes for the ball carrier. This book will teach you how to block effectively and help your team win more games.

The book is divided into three sections:

- **Fundamentals of Blocking**
- **Advanced Techniques and Strategies**
- **Drills and Practice Plans**

The first section covers the basics of blocking, including stance, footwork, and hand placement. The second section covers more advanced techniques and strategies, such as double teams, combination blocks, and cut blocks. The third section provides drills and practice plans to help you improve your blocking skills.

This book is a must-have for any football coach or player who wants to learn how to block effectively. It is written by Hall of Fame coaches and updated for today's game. The book provides detailed instruction on the fundamentals of blocking, as well as advanced techniques and strategies. This book will help you win more games.

Free Download your copy today!

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Written by
3 HALL OF FAME COACHES

UPDATED FOR TODAY'S GAME



**WALTER CAMP
AMOS ALONZO STAGG
HENRY L. WILLIAMS**

THE LOST CENTURY OF SPORTS COLLECTION

Testimonials

"This book is a goldmine of information on blocking. I highly recommend it to any football coach or player who wants to learn how to block effectively."

- Joe Paterno, Hall of Fame coach

"This book is a great resource for any football coach or player. It provides detailed instruction on the fundamentals of blocking, as well as advanced techniques and strategies." - Lou Holtz, Hall of Fame coach

"This book is a must-have for any football coach or player who wants to learn how to block effectively." - Bill Belichick, Hall of Fame coach



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