

A Mother's Journey: A Memoir of Loss, Sexual Abuse, Anorexia Nervosa, and Recovery

This is a story of hope and healing. It is a story about the power of the human spirit to overcome adversity. It is a story about a mother's love for her daughter.

When her daughter, Sarah, was just 13 years old, she was sexually abused by a family friend. The abuse had a devastating impact on Sarah, who began to withdraw from her family and friends. She became depressed and anxious, and she started to lose weight rapidly.



99: A short story about loss, sexual abuse, Anorexia Nervosa, and recovery by Kahler Gordon

★★★★☆ 4.7 out of 5

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| Language | : English |
| File size | : 1071 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
| Word Wise | : Enabled |
| Print length | : 144 pages |
| Lending | : Enabled |



Sarah's mother, Mary, was desperate to help her daughter. She took her to countless doctors and therapists, but nothing seemed to help. Finally, Sarah was diagnosed with anorexia nervosa, an eating disorder that is characterized by an intense fear of gaining weight.

Mary was determined to help her daughter recover from anorexia. She spent countless hours researching the disFree Download and learning about the best ways to support Sarah. She also joined a support group for parents of children with eating disFree Downloads.

With Mary's support, Sarah slowly began to recover from anorexia. She gained weight, and her health improved. She also started to talk about the sexual abuse that she had experienced. It was a difficult process, but Sarah was determined to heal.

Today, Sarah is a happy and healthy young woman. She is a survivor of sexual abuse and anorexia nervosa. She is also a testament to the power of the human spirit to overcome adversity.

Mary's memoir is a powerful story of hope and healing. It is a must-read for anyone who has been affected by sexual abuse, anorexia nervosa, or any other form of trauma.

Reviews

"This is a must-read for anyone who has been affected by sexual abuse, anorexia nervosa, or any other form of trauma. Mary's story is a powerful testament to the power of the human spirit to overcome adversity."

- *Dr. Jennifer Gaudiani, author of *The Psychology of Eating DisFree Downloads**

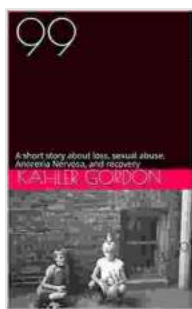
"Mary's memoir is a beautifully written and deeply moving account of her daughter's journey to recovery from sexual abuse and anorexia nervosa. This book is a must-read for anyone who wants to understand the

devastating impact of these disFree Downloads and the importance of hope and healing."

- Dr. Margo Maine, author of **Eating DisFree Downloads: A Guide to Medical Care and Compassionate Treatment**

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